

Transcript: NHS Health Checks Video 2

Scene: Mechanic in a car garage

Individual 1: Your car gets a MOT check every year, its not til we pop the bonnet that we can see any problems that might turn serious before they go unchecked. That got me thinking...I mean I am still very low mileage myself. My bodyworks not too shabby but what if there were problems I didn't see, so I booked myself in for a free health check with my local GP. I was a bit worried about it to be honest. Turns out I'm tip top, passed my MOT with flying colours. Don't put it off, book your free NHS Health Check today.

Static information at the end of the video:

Even though you might be feeling great, if your over forty you may be risk for heart disease, stroke, kidney disease, diabetes and dementia.

A free NHS Health Check can help you reduce these risks and make sure you stay healthy.