SKILLS TO COPE IN A CRISIS?

First aid education for those who need it most

Refusing to ignore people in crisis
Would your group, volunteers or community have the skills to cope in a crisis?

The British Red Cross works with organisations and community groups who support people who are at risk and would have the greatest impact from a first aid intervention, including:

> People living with issues around drug and alcohol usage.

Our tailored first aid sessions provide people with the skills and confidence to help in a first aid emergency.

What can you expect from our first aid session?

> Effective, easy to learn first aid education in a relaxed and informal style.
> We provide relevant first aid skills tailored to the needs of the group.
> We break down the barriers to helping others.
> We build confidence and willingness to help in a first aid emergency.
> They are fully funded – there is no cost to you.

For more information on what is available in your area, please contact the Crisis Education Support Centre on:
Tel: 0344 412 2734
Email: adulteducation@redcross.org.uk or

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