

SWITCH OFF WHEN PARKED



Pollution from vehicles damages our health. It can cause asthma, heart disease, cancer and stunt children's growing lungs.

www.healthysuffolk.org.uk/airquality



SUFFOLK IDLING ACTION

We know that idling engines can be a bit of a grey area, so here's a myth buster which will help you to separate the truth from the myths.

MYTH	TRUTH
I need to run the engine to keep the heater on.	The heater should stay warm with just the ignition on for up to 30 minutes after parking.
If I'm parked on a yellow line, keeping my engine running means I won't get a fine.	Idling is against the traffic regulations so you could get a fine for idling and a parking ticket.
Doesn't stopping and starting wear out the engine?	This is no longer a problem with modern engines, and by not idling you will use less fuel and reduce your fuel costs.
But surely idling doesn't contribute very much to air pollution in the grand scheme of things?	Idling can create high pollution spikes which can affect the people who live work and go to school on that street.