# Tackling Poverty Action Plan

## Priority 1: Emergency Support

Immediate Pri	iorities – Year 1		
Aim	Activity	Why	Progress on immediate priorities
Food Justice Plan – Ensuring people have access to healthy food		Why Foodbank usage remains high and increases in the cost-of-living mean foodbank demand is likely to remain high or grow further. With more people, struggling donations to foodbanks are likely to also fall.	To help ensure a constant supply of food to foodbanks during the Covid-19 pandemic, Suffolk County Council have commissioned FareShare who have so far provided over 326,000 tonnes of food to Suffolk foodbanks. Foodbank and hardship officer in post.
			Suffolk County Council also holds an emergency food supply. Current need is continually reviewed.
	1.2 Explore ways to make more fresh food available via foodbanks and pop-up shops and other means.	Food from food banks is often long-life (e.g., tinned food) which can be of lesser nutritional value. Evidence shows that healthier food is more expensive per calorie than unhealthy food <sup>i</sup> . Consultation feedback shows that people want healthy meals, but that cost is a major barrier.	Exploratory work with National Farmers Union is underway to ensure fresh food is not left in the ground but instead supplied to foodbanks. Community Pantries in Lowestoft.
			Prior to the revised Local Welfare Assistance Scheme which went live in

1.3 Recruit a caseworker who can	Whilst some foodbanks provide advice and	October 2022 there was a trial with Pink Orange to make healthy meal kits available. Recruitment to the role is being
provide support and advice foodbank clients where the foodbank does not offer this service.	guidance as well as food, others are not able to, meaning that people receive short term help in the form of food but limited support to tackle the root causes of their situation.	considered along with alternative ways of providing support to foodbank users.
Raising awareness of poverty issues and the available support1.4 Put in place a regular programme of communications to ensure people are aware of the available support.	Our consultation highlighted a limited knowledge of hardship support. There is a need to raise awareness of the range of support organisations and ensure this is communicated regularly to make sure people know where to go in the event of needing support and to try and help people access support before they hit crisis.	Regular communication is sent out to foodbanks including a 'Guide to Services' leaflet which highlights the support available to people in Suffolk. Targeted promotion of the Household Support Grant takes place regularly. Leaflets to promote services that can help people struggling with the Cost of Living have been developed and 75,000 have been distributed to VCSE organisations, schools, GPs, foodbanks, parish councils and frontline professionals. New webpage created includes support information and signposting www.suffolk.gov.uk/CostOfLiving Suffolk Infolink holds information about a

			hardship. See http://infolink.suffolk.gov.uk/costofliving
Support to people in crisis	1.5 Continue to underwrite the Suffolk Advice and Support Service (SASS) for 2022/23.	Calls to the service are now at the highest levels we have ever seen, with the impact of fuel cost rises, and cost of living meaning many more people are now struggling. Consultation feedback shows that awareness of support is low.	Sector Leaders to underwrite LWAS and SASS cost up to £1 million. Current
	1.6 Continue to underwrite the Local Welfare Assistance Scheme (LWAS) for 2022/23.	Demand for this scheme is now at the highest levels we have ever seen due to the impact of cost-of- living rises. Consultation feedback and research evidence shows that people on low incomes are unlikely to have sufficient income to build up any savings and are at risk of being pushed into debt in the event of an emergency. Schemes like LWAS (Local Welfare Assistance Scheme) can help to prevent people hold falling into debt and reduce the likelihood of further issues such as being evicted and becoming homeless.	pathway. Funding to support these activities has been secured from Suffolk
Further recon			
feedback	suggests there may potentially be a gap i	rstand whether there is sufficient emergency food sup n provision across the county for some groups. experience of poverty about how we can improve acces	

# Priority 2: Increasing Incomes, Reducing Costs

Aim	Activity	Why	Progress on immediate priorities
Poverty	2.1 Run a pilot trial of the Poverty	Consultation feedback highlighted the costs of school	A pilot trial is taking place with 7
proofing	Proofing the School Day initiative.	as being a major challenge for many parents on low	schools between November 2022 and
services		incomes to afford. Cost issues can also lead to	July 2023
		children suffering the effects of stigma, for example	
		through bullying. This programme has been shown to	
		reduce/remove cost barriers, increase participation	
		in school and after-school activities, reduce school-	
		related financial pressures for families and increase	
		uptake of entitlements and financial supports <sup>ii</sup> .	
Food Justice		Suffolk is on a par with the national average on	Early promotional efforts have seen
Plan –	and use of Healthy Start	uptake of this scheme, however, uptake nationally is	significant increases in take up.
Ensuring	Vouchers.	low so there are a lot of people who could benefit	
people have		from this scheme who are not already doing so.	Public Health are working with
access to		Research has shown that Healthy Start vouchers can	Sustain and Health Visiting teams to
healthy		increase the quantity and range of fruit and	promote the scheme as well as
food		vegetables used and improved the quality of family	identify barriers to take up
		diets <sup>iii</sup> .	
			Healthy Start Leaflets are now being distributed.
	2.2 Maintain high take up of Free	Flightlith, for free ophogly mode continues to grow op	
	2.3 Maintain high take-up of Free	Eligibility for free school meals continues to grow so	SCC continue to raise awareness of
	School Meals and where possible, further increase it.	whilst Suffolk has a high take-up currently, we need to ensure that this continues to maximise the	the Free Schools Meal offer. As a
	Turther increase it.		result, we have seen an increase in
		number of children benefitting from meals.	people coming forward.

	2.4 Lobby government to expand entitlement to Free School Meals so all families living in poverty have access to it.	Under the current criteria for Free School Meals, many people who are living in financial hardship do not currently qualify for them <sup>iv</sup> .	Changes in Government have made the timing of this lobbying challenging but will seek to undertake this should the Autumn Statement not address this point.
Improving financial resilience	2.5 Rollout use of the LIFT (Low Income Family Tracker) dashboard across district and borough councils to provide better targeted support.	People typically only seek help once they hit crisis. The LIFT dashboard is a proven tool that can help get targeted support to people before crisis hits.	East Suffolk have piloted the LIFT dashboard for 2 years. Awaiting the addition of DWP data to be able to roll this out further across Suffolk.
Improving financial resilience	2.6 Put in place a regular programme of communications to promote take up of financial support.	Feedback from VCSE organisations shows that many people are not benefitting from support they are eligible for either due to a lack of awareness or due to the stigma of asking for help.	SCC are using their assets e.g., Suffolk Library Service, by training their staff teams on Money, Advice and Pensions. This will help people to feel more confident about their money. Warm Handover has identified numerous organisations in local communities who also provide debt advice, work is underway to collate and join up the various offers, whilst utilising opportunities through projects such as the Rural Coffee Caravan.
	2.7 Increase awareness of and access to local credit unions.	Awareness of credit union services is not widespread. Methods such as employer partnerships to enable payroll saving may be a good option to support low- income households to be able to access affordable credit and increase financial resilience in the longer term.	Suffolk County Council's Adult & Community Services directorate work with Credit Unions to support vulnerable people. Exploration work is underway to expand this to a wider population group.

Wo	rk	2.8 Increase the number of employers in Suffolk that meet the definition of 'good work <sup>v</sup> '.	Pay in Suffolk has been lower than the national average for some time meaning many Suffolk workers are less able to meet essential living costs, and will be less able to cope with cost of living pressures. Consultation feedback and research evidence also shows the importance of secure work, flexible work, healthy workplaces, and employee voice.	The Suffolk Health & Wellbeing Board "Best Work and Health" group are working with the Suffolk Chamber of Commerce and the Local Enterprise Partnership to roll out Healthy Workplace awards and standards.
Furth	ner recom	mendations		
1.		n and consultation feedback suggests the end increasing the promotion and availab	nat access to debt advice and income maximisation sility.	services is not reaching everyone, we
2.		mmend focusing on maximising the avail to improve their home energy efficiency.	able national funding opportunities to increase the nun	nber of Suffolk residents able to access
3.	We recommend that activities relating to the transition to Net Zero and the Climate Change Action Plan are poverty informed. The transition to Net Zero needs to be fair and any action taken should not disenfranchise or disadvantage people on low incomes			
4.	People on low incomes often face a poverty premium on services such as fuel, banking and insurance. In Suffolk this means people can pay up to £473 more because of their circumstances <sup>vi</sup> . We recommend where possible, at a local level to reduce the impact of the poverty premium by reviewing local policies and utilising the opportunities within the Equality Act 2010. <sup>vii</sup>			
5.	We recommend maximising the opportunity, promotion and accessibility of employment support and skills training programmes to tackling poverty.			
6.				
7.				
8.	We recommend exploring options to support lone parents experiencing poverty.			

# Priority 3: Wellbeing & Life Chances

Aim	Activity	Why	Progress on immediate priorities
Increasing opportunities for children and young people	3.1 Deliver a cultural programme in Suffolk Libraries focused on children's literacy.	Literacy is crucial to children's development and life chances. Consultation feedback highlighted the importance of positive enrichment activities such as arts and culture for children.	Suffolk Public Sector Leaders have funded the National Literacy Trust programme working closely with Suffolk Library Service, Suffolk Mind and Home Start.
			Suffolk Libraries Service are supporting schools with a tailored schools offer. Many libraries already connect to their local schools with regular school visits.
Food Justice Plan – Ensuring people have access to healthy food	3.2 Continue to develop the Holiday Activities & Food programme.	Children from low-income households are less likely to access organised out-of-school activities, experience holiday hunger and social isolation. National and local evidence shows that this programmes successfully tackles this issues.	The Department for Education funded Holiday Activities & Food programme has been running since 2019. This provides free school holiday activities and food for children eligible for Free School Meals. During 2021, 9,747 children accessed activities and 44,839 meals were provided across the Easter, Summer, and Christmas school holidays.
Mitigating the impacts of poverty	3.3 Investing £2.5m to tackle the mental health impacts of the Covid-19 pandemic <sup>ix</sup> .	People with mental health issues are more at risk of falling into poverty. People in poverty are more at risk of developing mental health problems. Mental health issues make it harder for people to improve their circumstances and consultation feedback highlighted the importance of supporting mental health needs to help people escape poverty.	Public Health and Communities have developed a Public Mental Health offer which focusses on a universal wellbeing offer, examples of work already in place include: <u>Suffolk Says Thanks</u> ; Take 5 (5 ways of wellbeing programme for schools and the general public); Arts Libraries and

			Museums Wellbeing project; Open space (targeting men); Annual wellbeing conference/webinar this year's focus is on sleep; Promotion of Suffolk Needs met; Theatre in Education; Grass roots localised coffee morning; Commissioning Suffolk VASP (Voluntary and Statutory Partnership) for Mental Health to share information and promote local offers.
			The programme is also focusing some of the funding specifically to supporting people who are experiencing poverty.
Addressing	3.4 Pilot trial a grant	A recurring theme in our consultation feedback was	This programme is currently in
barriers to	programme in	around how people often faced barriers to improving	
escaping poverty	partnership with VCSE	their circumstances, trapping them in poverty	Foundation
	partner organisations that	through no fault of their own. In many cases the types	
	can provide small grants	of barriers we heard about were ones that could	
	to individuals to help	easily be overcome at a small cost but one that was	
	overcome barriers to	out of reach of the person. This action aims to test and	
	escaping poverty.	evaluate ways we can help individuals overcome	
		barriers to escaping poverty.	
Tackling poverty	3.5 Set up a Tackling Poverty	Whilst some aspects of work to tackle poverty has a	The Tackling Poverty Innovation Fund
	funding programme to	robust evidence base, in some areas evidence is	closed to applications in October, with 4
	test innovative	limited. This programme aims to fund and work	projects chosen for funding.
	approaches to tackling	closely with a small number of VCSE partners to	_
	poverty.	identify areas where evidence is limited and fund	
		work to test innovative approaches and build an	
		evidence base to inform future poverty work.	
Further Recommend	lations		1

1.	We recommend maximising any investments made as part of the Governments Levelling Up White Paper, which identifies Suffolk as one of the
	new Education Investment Areas
2.	We recommend building on the success of the Suffolk Holiday Activities & Food programme by increasing the range of activities available for
	disadvantaged children and young people
3.	We recommend increasing efforts to improve school readiness. which will help ensure children are well placed to succeed in education and break
	the intergenerational cycle of poverty.
4.	We recommend continuing to build on current work focused on addressing Adverse Childhood Experiences
5.	We recommend identifying more opportunities to help groups at greater risk of poverty, such as care leavers, disabled people, and lone parents.
6.	We recommend exploring what local actions support people in debt or at risk of falling into debt because of gambling.

## Priority 4: Preventing Poverty

Immediate Priorities	mmediate Priorities			
Aim	Activity	Why	Progress on immediate priorities	
Increasing opportunities for children and young people	4.1 Fund a community development role within Community Action Suffolk to support and grow the community-led early years sector.	The Covid-19 pandemic impacted on the availability of community-led early years provision such as Parent & Child groups and our Childcare Sufficiency Assessment for Suffolk identifies a need for more early years provision in certain parts of the county <sup>x</sup> . Parent and Child groups support child development and school readiness and can support parental mental health and reduce social isolation.	The Parent and Child Groups support programme is now running.	
Involving people with lived experience of poverty	4.2 Set up an Experts by Experience initiative that brings together people with experience of poverty with local decision makers to look issues faced by people living	Consultation feedback with people with lived experience demonstrated the challenges people deal with daily but also showed the resilience of many people and that they had their own ideas on how to tackle poverty. Evidence shows that involving people with lived experience can help	SCC have commissioned Healthwatch Suffolk to undertake an in-depth coproduction initiative working with people with lived experience, this is due to start within the next few months.	

Food Justice Plan – Ensure people	<ul> <li>in poverty and then identify and implement solutions that will improve people's lives.</li> <li>4.3 Write to the government asking them to enshrine the</li> </ul>	identify solutions to issues which can help make services and activities work better for the people who use them as well as providing other benefits such improving social relationships, increasing people's self-esteem, confidence, and wellbeing, and improving the knowledge and expertise of staff who work with those people. Goal two is 'End Hunger, Achieve Food Security and Improved Nutrition and promote sustainable	Suffolk Public Sector Leaders have supported this approach. Councillor Matthew Hicks sent a letter to national government (March 2022)
have access to healthy food	existing commitment to UN Sustainable Development Goal 2 into domestic legislation.	agriculture' <sup>xi</sup> . This commitment is not currently enshrined in domestic legislation.	
Food Justice Plan – Ensure people have access to healthy food	4.4 Capture learning from the Covid-19 pandemic response to ensure there is a plan to ensure access to healthy food in the event of another emergency.	The Covid-19 pandemic showed the importance of ensuring that people had access to healthy food in an emergency. The learning from this needs to be captured to ensure that it can inform future emergency planning.	Suffolk County Council have a supply of emergency food provisions available
Food Justice Plan – Ensure people have access to healthy food	4.5 Conduct the initial scoping and research into the potential to set up a Local Food Partnership using the Sustainable Food Place model.	Most of the action taken to tackle food poverty deals with immediate crisis support but many people want to look at ways to prevent people needing emergency food aid in the first place. To do this then a strategic approach to the local food ecosystem is necessary. The Local Food Partnership/ <u>Sustainable Food Place</u> model is a well-used system approach that seeks to tackle the social, economic, and environmental aspects of food locally to ensure that everyone has access to healthy and sustainable food.	Looking to scope out the sustainable food model for Suffolk to deliver the first elements within the final quarter or 22/23

Improving	4.6 Work with schools, the VCSE	Consultation feedback highlighted that the quality	Working with VCSE partners to build a
financial resilience	sector and parents to ensure all children have access to good quality financial education	of financial education for children is hit and miss. Our work with young people highlighted this as a specific issue that they wanted to see tackled.	range of programmes and outreach to work with schools and youth organisations from year 6 upwards. Initial delivery expected final quarter of 22/23
Poverty informed practice	4.7 Develop poverty awareness training sessions and materials and roll out training for public sector organisations and councillors	A need was identified in the consultation by many respondents for greater awareness of poverty issues and the impacts it has on people.	Strategy awareness has been delivered through network presentations to date.
Poverty informed practice	4.8 Add the socio-economic duty in the Equality Act 2010 into the council's Equality Impact Assessment process so consideration is given to inequalities resulting from socio-economic disadvantage.	By adding the socio-economic duty to our Equality Impact Assessment process, it will mean that when considering changes to services or developing new projects or services, that inequalities that result from socio-economic disadvantage will be given consideration in the design of services or projects.	This has been completed
Poverty informed practice	4.9 Review internal systems and processes on key services that support people on low incomes to ensure that they provide timely and easy access to support and do not inadvertently cause issues.	Our consultation feedback highlighted examples where systems and processes can inadvertently get in the way of people being able to access timely support in an easy manner. Research shows that people in poverty can struggle to access services due to the day-to-day stresses of surviving on a low income and that as a result they often do not.	

Poverty informed	4.10 Ensure that the next contract for provision of library services builds on	Libraries already offer a range of services that directly contribute to tackling poverty in Suffolk	
practice	existing services that tackle	across all four of our priority areas. As one of the few council services that are located across	
	poverty	Suffolk, the library service can play an important	
		role in tackling poverty.	
, 0	4.11 Develop an 'ask' of	Whilst there are many things we can do locally; we	Letters have been sent to national
Advocacy	national government,	have limited powers in some of the most	government requesting Department for
	identifying specific areas that require national government	important aspects of poverty reduction so we will need to advocate with the government.	Work & Pensions data permissions to support the LIFT programme.
	intervention		
urther recommenda	itions		
1. We recommend	l investigating current and future in	vestment needs in the local credit union sector.	
2. We recommend	d delivering poverty awareness trair	ning and making it widely available to public, private a	nd VCSE sectors.
3. Evidence sugges	sts that community initiatives involv	ving food such as community growing schemes, cooking	ng skills and events such as lunch clubs
		cial isolation. We would recommend that mapping of	these types of initiatives is conducted to
•	· · · ·	more of these types of community food initiatives.	
4. We recommend	d exploring opportunities to maximi	se social value within procurement practices and ensu	uring planning policies are poverty informed
	d expanding Asset Based Communit	y Development programmes that support and empow	ver communities to identify and tackle
local needs.			
6. We recommend	d exploring opportunities to increase	e affordable and energy efficient homes in Suffolk.	
		es to improve the financial knowledge and confidence	of adults to prevent people falling into
financial insecu	rity in the future. <sup>xii</sup> .		

#### References

<sup>i</sup> National Food Strategy. Independent Review: The Plan. Published July 2021. Accessed 20 April 2022. <u>https://www.nationalfoodstrategy.org/wp-content/uploads/2021/10/25585\_1669\_NFS\_The\_Plan\_July21\_S12\_New-1.pdf</u>

<sup>ii</sup> Child Poverty Action Group. Cost of the School Day Toolkit. Published 2021. Accessed 20 April 2022. <u>https://cpag.org.uk/file/6236/download?token=GvV5Kmn-</u>

<sup>iii</sup> McFadden, A. Green, Josephine M. Williams, V. McLeish, J. McCormick, F, Fox-Rushby, J & Renfrew, Mary J. Can food vouchers improve nutrition and reduce health inequalities in low-income mothers and young children: a multi-method evaluation of the experiences of beneficiaries and practitioners of the Healthy Start Programme in England. Published 11 February 2014. Accessed 20 April 2022. <u>https://bmcpublichealth.biomedcentral.com/articles/10.1186/1471-2458-14-148</u>

<sup>iv</sup> Local Government Association. Free School Meals: One million more school children could be fed if the sign-up process eased, councils urge. Published 25 March 2022. Accessed 20 April 2022. <u>https://www.local.gov.uk/about/news/free-school-meals-one-million-more-school-children-could-be-fed-if-sign-process-eased</u>

<sup>v</sup> HM Government. Good Work Plan. Published December 2018. Accessed 20 April
 2022. <u>https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment\_data/file/766167/good-work-plan-command-paper.pdf</u>

<sup>vi</sup> Fair by Design. How much does the poverty premium cost your constituency? Interactive map. Published June 2022. Accessed 28 June 2022. <u>https://fairbydesign.com/povertypremium/</u>

<sup>vii</sup> Davies, S & Collings D. The Inequality of Poverty: Exploring the link between the poverty premium and protected characteristics. Published February 2021. Accessed 08 April 2022. <u>https://www.fincap.org.uk/en/insights/the-inequality-of-poverty</u>

<sup>viii</sup> Living Wage Foundation. Becoming a Living Wage Employer: An implementation toolkit for local authorities. Accessed 08 April 2022. https://www.livingwage.org.uk/sites/default/files/Living%20Wage%20Local%20Authority%20Toolkit.pdf

<sup>ix</sup> Suffolk County Council. Annual Public Health Report focuses on Mental Health impact of Covid-19. Published 02 December 2021. Accessed 20 April 2022. <u>https://www.suffolk.gov.uk/council-and-democracy/council-news/show/annual-public-health-report-focuses-on-mental-health-impact-of-covid-19</u>

\* Suffolk County Council. Childcare Sufficiency Assessment December 2020-December 2021. Published December 2020. Accessed 20 April 2022. <u>https://www.suffolk.gov.uk/assets/Children-families-and-learning/childcare-information-and-support-for-parents-and-providers/2021-03-01-Childcare-Sufficiency-Assessment-Suffolk-County-Council.pdf</u>

<sup>xi</sup> United Nations. Sustainable Development Goals. Accessed 20 April 2022. <u>https://sdgs.un.org/goals/goal2</u>

<sup>xii</sup> Financial Capability Strategy for the UK. Key Statistics on UK Financial Capability. Published 2018. Accessed 08 April 2022. <u>https://www.fincap.org.uk/en/articles/key-statistics-on-uk-financial-capability</u>

## Version Control

Version	Date	Summary of changes
1.0	24/05/2022	First version
1.1	09/11/2022	Progress updates to Actions 1.3, 1.4, 1.5, 1.6, 2.1, 2.2, 2.4, 2.5, 3.3, 3.4, 3.5, 4.1, 4.4, 4.5, 4.6, 4.7.